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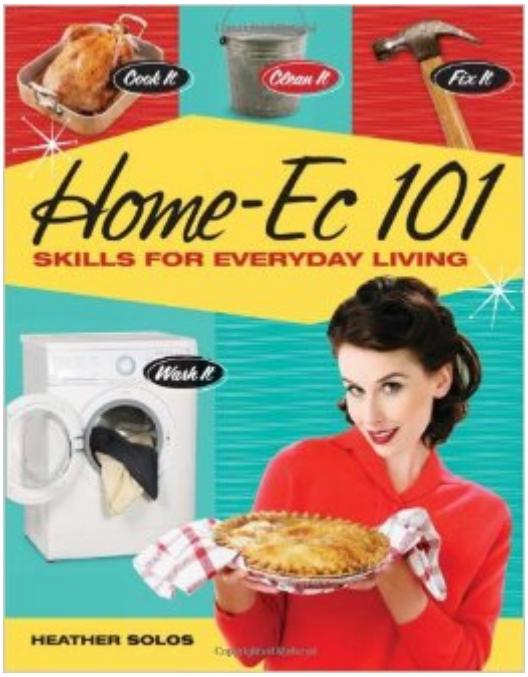
Home-Ec 101: Skills For Everyday Living - Cook It, Clean It, Fix It, Wash It



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Synopsis

Real Skills for Real Life From keeping your home clean and in good repair to preparing your own food, self-sufficiency rocks. Having an understanding of the domestic arts gives you a sense of control over your life. These skills also help you save money, not by chasing deals, but by teaching the principle of the mantra: Use it up, wear it out, make it do, or do without. Life skills are the essence of frugality. Whether you just moved out of your parent's basement or you cut the apron strings a while ago, you'll learn the skills you need to manage your household. Inside you'll find: Quick, easy cleaning solutions for every room of the house, so you can get the job done and get on with life Instructions for removing stubborn stains and offensive odors from fabric Simple fixes to wardrobe malfunctions including broken zippers, missing buttons, and fallen hemlines Troubleshooting advice for common problems with home appliances A minimum home maintenance guide to prevent or catch major repair problems A basic plumbing tutorial that includes clearing and preventing clogs, stopping a running toilet and retrieving items dropped down a drain Ideas for healthy and fast meal planning so you can start cooking and stop relying on takeout or preservative-packed convenience food Definitions of common cooking terms and techniques found in recipes Plans for stocking a pantry so you can make dinner (even if you haven't been grocery shopping in a week) and be prepared when disaster strikes A complete rundown of essential kitchen equipment from knives to pans to small appliances Equip yourself with the skills you need for everyday life.

Book Information

Paperback: 240 pages

Publisher: Betterway Home (April 1, 2011)

Language: English

ISBN-10: 1440308535

ISBN-13: 978-1440308536

Product Dimensions: 7 x 0.6 x 9 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

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Customer Reviews

I love having this book available in an e book. It is great, because it is easily searchable for whatever cooking or cleaning advice you might need. It is very easy to navigate, and I found myself using it within a day of me downloading the book for the best way to remove wallpaper, and it worked great. The hints, how-tos, and tips are concise and well tested, written with wise words, sprinkled with humor. This is a book that is good for just about anyone. I have a feeling I will be giving this book to the newly graduated college kids in my life, as well as first time homeowners, or those newlyweds. We all stand to benefit from the wisdom that Heather Solos has provided us with, all without the information overload of searching the web for it.

This is a great book! I wish I'd had it when I was setting up my first home away from home. And even then, wish my mom had had it too! Had many chuckles flipping through this book, and the conversational tone makes it far more readable, enjoyable, and thus useful, than most other references on this subject. Despite having been a home maker for over a decade, I learned a few new tricks looking through. The charts in this book alone make it well worth its value. Tips on how not to mix your cleansers into a deadly concoction, disaster preparedness for the conspiracy theorist and unfortunate realist alike, down to simple things like menu planning and chore charts. A must have for any household.

Full of hints, tips and techniques written in that funny, quirky Heather style. If you know Heather (I do), you'll know what I mean. If you don't know Heather, you'll get an idea of the kind of person she's like as you read the book. Perhaps the most entertaining book on home economics you'll ever read.Heather's book, like her website [...] is divided into 4 sections: Cook it, Clean it, Wash it, Fix it. Each section includes tips, techniques, hints and suggestions for dealing with various parts of the household, interspersed with posts from the website. You'll find the toilet cleaning tutorial on pg 66. Basic mending techniques for clothing are covered in chapter 10. Save time dealing with laundry by skipping the underwear folding (pg 119). Do you burn water in the kitchen? Head straight for the Cook it section.It's a great book to read that will leave you chuckling and ready to take on the house.

Look out GoodHousekeeping! Move over Betty Crocker! Heloise, you day as reigning champion of household tips is over! If there is a book that is the 21st century standard that should be a gift for every new couple starting out, it is [author: Heather Solos] Home-Ec 101.From the cover, to the topics covered, it starts to look like (and is probably an homage to) a 1950's "housewife guide book." Fortunately for the reader, Heather's writing personality and writing style come through

wonderfully, and rather than your static, boring how to, you get fresh, current, real world tips and ideas that are useful *today* (after all how many people are still trying worried about caring and storage for a mink stoll these days?)This book is essentially a "Cliff Notes" version of the home-ec101.com website. This is a good thing, because first, it gives many basic day to day problems a solution and keeps them at your fingertips (because, if the power is out, it is hard to look for a solution on how to fix it on a computer with no power, isn't it?), and because that means, when you are done with this book (though, are you ever really "done" with a good reference book?), there is a whole world more information available from Heather readily available for you to continue reading. Unlike your favorite thriller author where you will have to wait months if not years for the next installment, you can see tips and tricks that didn't make this book, and the possible tips and solutions that may make up the next edition, as they are being developed... on a basically daily basis.If there is one drawback to this book, it is that by making it so clearly a sort of tongue in cheek dedication to the 1950's housewife, it will not be picked up by as many men as it probably should be. I started off saying that this would be the perfect starter book gift for a couple. It would be just as beneficial (if not more so) to a bachelor getting his first apartment, but odds are he would not appreciate it, just based on the superficials of the cover and style. Is that shallow and sort of neanderthal like thinking? Of course. But in many cases true. Yes, there are men who will read it (I did), and will appreciate all the information (guilty as charged), but that is not true of everyone.OK, a second flaw, and this is strictly for Kindle Edition readers (and especially those that read the Kindle Edition on a device other than a Kindle). It is preety obvious that this book was nothing but a straight port from the book. There are images that are not clean or formatted properly and look pretty bad in Kindle Software. There are a few glitches as well in bullets and line item numberings that make it pretty clear that the editor did not go over it again once ported to digital. Fortunately, this flaw is not bad enough to detract from the otherwise fantastic content.So, in short, if you ever have the need to wash something, cook something, clean something or fix something, then there is absolutely no reason that you should not have a copy of this book at your fingertips. You life just might depend on it.

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